WHOLE HOUSE CLEANING CHECKLIST

a clean home is a happy home

DATE: .....

TODAY'S FOCUS: .....

MY GOAL: .....

KITCHEN

- [ ] Wipe countertops
- [ ] Clean sink & faucet
- [ ] Clean stovetop & oven
- [ ] Wipe down cabinets
- [ ] Clean microwave
- [ ] Clean refrigerator
- [ ] Wipe small appliances
- [ ] Sweep & mop floor
- [ ] Take out trash

LIVING ROOM

- [ ] Dust shelves & décor
- [ ] Wipe down surfaces
- [ ] Vacuum furniture
- [ ] Fluff & arrange pillows
- [ ] Clean windows & mirrors
- [ ] Vacuum rugs
- [ ] Sweep/mop floor
- [ ] Organize clutter

BEDROOMS

- [ ] Change bed linens
- [ ] Dust furniture
- [ ] Wipe down surfaces
- [ ] Clean mirrors
- [ ] Vacuum floors
- [ ] Organize closets
- [ ] Declutter nightstands
- [ ] Sweep/mop floor

BATHROOMS

- [ ] Clean sink & faucet
- [ ] Wipe down counters
- [ ] Clean mirrors
- [ ] Scrub toilet
- [ ] Clean shower/tub
- [ ] Replace towels
- [ ] Sweep & mop floor
- [ ] Take out trash

DINING ROOM

- [ ] Dust table & chairs
- [ ] Wipe down table
- [ ] Clean light fixtures
- [ ] Dust shelves/décor
- [ ] Vacuum rug
- [ ] Sweep/mop floor

LAUNDRY ROOM

- [ ] Wipe washer & dryer
- [ ] Clean lint trap
- [ ] Organize supplies
- [ ] Clean sink (if any)
- [ ] Sweep & mop floor
- [ ] Declutter surfaces

ENTRYWAYS & HALLWAYS

- [ ] Dust surfaces & décor
- [ ] Clean mirrors
- [ ] Organize clutter
- [ ] Vacuum rugs/runners
- [ ] Sweep/mop floor
- [ ] Wipe down doors & handles

HOME OFFICE

- [ ] Declutter desk
- [ ] Wipe down surfaces
- [ ] Organize papers
- [ ] Dust shelves
- [ ] Clean electronics
- [ ] Vacuum floor

EXTRA TASKS

- [ ] .....
- [ ] .....
- [ ] .....
- [ ] .....
- [ ] .....
- [ ] .....

NOTES

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CLEAN HOME, CLEAN MIND

- [ ] One room at a time
- [ ] Take breaks
- [ ] Put things back in place
- [ ] Celebrate small wins

PROGRESS, NOT PERFECTION. ♥ A LITTLE CLEAN EVERY DAY GOES A LONG WAY.