

# The Ultimate KITCHEN DECLUTTERING CHECKLIST

*Less clutter. More space. A happier kitchen.*

*A clean kitchen makes everyday life easier.* ♡

## 01 CLEAR COUNTERS

KEEP ONLY WHAT YOU USE



- [ ] Remove unnecessary items from countertpps
- [ ] Return appliances to storage
- [ ] Wipe down counters and backsplalsh
- [ ] Keep a small tray for daily essentials

**TIP:** *A clear counter makes your kitchen feel bigger and calmer.*

## 02 CLEAN THE SINK

FRESH & HVGIENIC



- [ ] Remove dishes and food scraps
- [ ] Clean the sink and faucet
- [ ] Scrub the drain (use baking soda if needed)
- [ ] Wipe the area around the sink

**TIP:** *A clean sink keeps your kitchen fresh and odor-free.*

## 03 LOAD DISHWASHER & WASH ESSENTIALS

KEEP IT RUNNING



- [ ] Load the dishwasher (if not full)
- [ ] Wash hand-wash items (pots, pans, etc.)
- [ ] Put away clean dishes
- [ ] Check for and remove expired food

**TIP:** *Do a quick check before loading to avoid re-washing.*

## 04 CLEAN APPLIANCES

FRESH LOOK, BETTER PERFORMANCE



- [ ] Wipe down the refrigerator (inside & out)
- [ ] Clean the microwave (remove stains)
- [ ] Wipe small appliances (coffee maker, toaster, etc.)
- [ ] Check for expired items in the fridge

**TIP:** *Clean appliances regularly for better hygiene and longer life.*

## 05 ORGANIZE PANTRY & FOOD

EASY TO FIND, EASY TO USE



- [ ] Remove expired food and old packaging
- [ ] Group similar items together
- [ ] Use baskets or bins for small items
- [ ] Label containers (optional)

**TIP:** *Keep frequently used items at eye level for easy access.*

## 06 DECLUTTER CABINETS & DRAWERS

KEEP WHAT YOU LOVE



- [ ] Remove unused or duplicate items
- [ ] Organize by category (plates, bowls, etc.)
- [ ] Use shelf risers or organizers
- [ ] Wipe down shelves and drawer interiors

**TIP:** *If you haven't used it in 6 months, let it go.*

## 07 TOSS & RECYCLE

LESS WASTE, MORE SPACE



- [ ] Throw away expired or spoiled food
- [ ] Recycle paper, plastic and cardboard
- [ ] Donate items in good condition
- [ ] Dispose of broken or unused items

**TIP:** *Keep a donation box handy for items you no longer need.*

## 08 FLOORS & TRASH

CLEAN FROM TOP TO BOTTOM



- [ ] Sweep and mop floors
- [ ] Clean under rugs and mats
- [ ] Empty the trash and recycling bins
- [ ] Check for spills and sticky spots

**TIP:** *Clean floors last — it makes it makes the whole kitchen feel fresh.*

## 09 FINAL TOUCHES

MAKE IT A SPACE YOU LOVE



- [ ] Put everything back in its place
- [ ] Add a fresh kitchen towel
- [ ] Check for missing items
- [ ] Enjoy your clean, organized kitchen!

**TIP:** *A clean kitchen sets the tone for a smoother day.*



## NOTES & REMINDERS

*Small steps create big changes.*