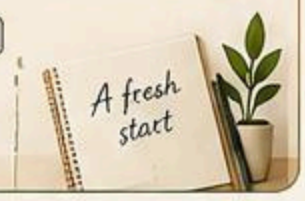
Small steps.
A calmer home.

30-DAY Decluttering CHALLENGE

A clean home feels good. ♡

Less clutter • More space • A happier you

DAY 1
Set Your Intention
Decide why you want a clutter-free home and visualize the space you want.
☐


DAY 2
Tackle Your Entryway
Remove what doesn't belong and create a simple, functional space.
☐


DAY 3
Declutter Your Wardrobe
Keep what you love, wear and need. Let go of the rest.
☐


DAY 4
Organize Your Shoes
Keep your favourite pairs and donate or recycle the rest.
☐

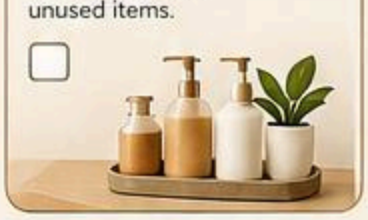

DAY 5
Clear Your Bedroom
Create a calm, cozy space for better rest and less stress.
☐


DAY 6
Sort Your Books
Keep the ones you love and pass on the rest.
☐


DAY 7
Tidy Your Home Office
Keep only what helps you work and feel focused.
☐


DAY 8
Organize Your Kitchen
Remove expired items and keep only what you use.
☐


DAY 9
Declutter Your Pantry
Keep staples, remove overstock and outdated items.
☐


DAY 10
Clean Your Bathroom
Get rid of empty bottles, old products and unused items.
☐


DAY 11
Sort Your Laundry Space
Keep what you need and make it easy to maintain.
☐


DAY 12
Declutter Your Living Room
Remove extra items and keep only what adds value.
☐


DAY 13
Tidy Your Family Space
Organize toys, games and shared items.
☐


DAY 14
Go Through Your Papers
Keep important documents and recycle the rest.
☐


DAY 15
Clean Your Electronics
Remove old files, apps and unused cables.
☐


DAY 16
Declutter Your Garage
Keep what you use and create clear zones for the rest.
☐


DAY 17
Organize Your Closet
Group, fold and make it easy to find what you need.
☐


DAY 18
Tidy Your Drawers
Remove clutter, use dividers and keep only essentials.
☐


DAY 19
Clean Your Surfaces
Clear countertops, tables and shelves for a fresh look.
☐


DAY 20
Let Go of Sentimental Items
Keep the meaningful ones and release what holds you back.
☐


DAY 21
Check Your Storage
Use baskets, bins and labels to keep things neat.
☐


DAY 22
Declutter Your Digital Life
Clean up your photos, files and inbox.
☐


DAY 23
Tidy Your Stairs & Hallways
Keep these high-traffic areas clear and safe.
☐


DAY 24
Revisit Your Storage Spaces
Basements, attics and other hidden spots.
☐


DAY 25
Final Clean & Refresh
Give your home a good clean and enjoy the space you've created.
☐


DAY 26
Maintain Your New Habits
Keep it simple and build a routine that works for you.
☐


DAY 27
Make It Feel Like Home
Add a few personal touches that bring you joy.
☐


DAY 28
Evaluate What's Working
Notice the changes and adjust where needed.
☐


DAY 29
Celebrate Your Progress
You've done something amazing. Be proud!
☐


DAY 30
Keep Going
A clutter-free home is a joureny, not a destination. Stay consistent!
☐


A little less clutter. A lot more life. ♡